



# Ripples of Impact

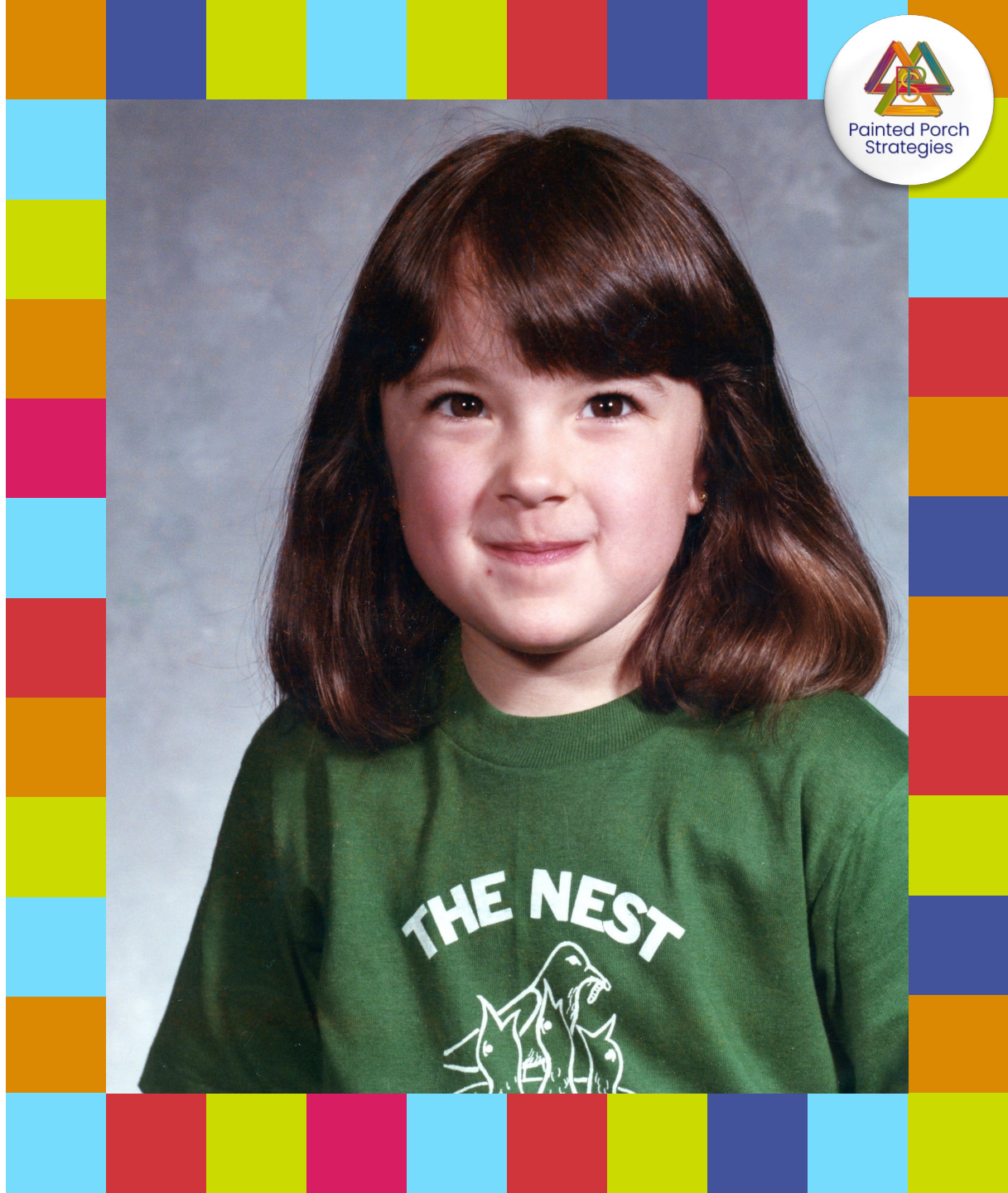
**Create Transformation & Positive Change through "Goldilocks Leadership"**

---



# Once Upon a Time...





# Transformational Leadership





# Become a "Just Right" Leader



How your **EMOTIONS** impact your Mindset, Attitude & Actions



How Healthy **COLLABORATION** can ignite & accelerate change



How your **LANGUAGE & TONE** influence your Communication & Message



**As a Leader, are your  
emotions running...**

**Too Hot.**

**Too Cold.**

**...Or Just Right?**





# **Get Clarity on your own Emotional Intelligence**

*And how you can adjust the dials*





# Take a Mindful Moment







**As a Leader, is  
your Language &  
Communication...**

**Too Big.**

**Too Small.**

**...or Just Right?**

# Language is Contagious

*What Message are YOU Spreading?*



**Your  
Words**



**Your  
Tone**



XXX





**As a Leaders, is  
your Collaboration...**

**Too Hard.**

**Too Soft.**

**...or Just Right?**



# Becoming a Transformational Leader



# Discover Your "Just Right" Leader



Assess your own "Emotional porridge" through **EQ & MINDFULNESS**



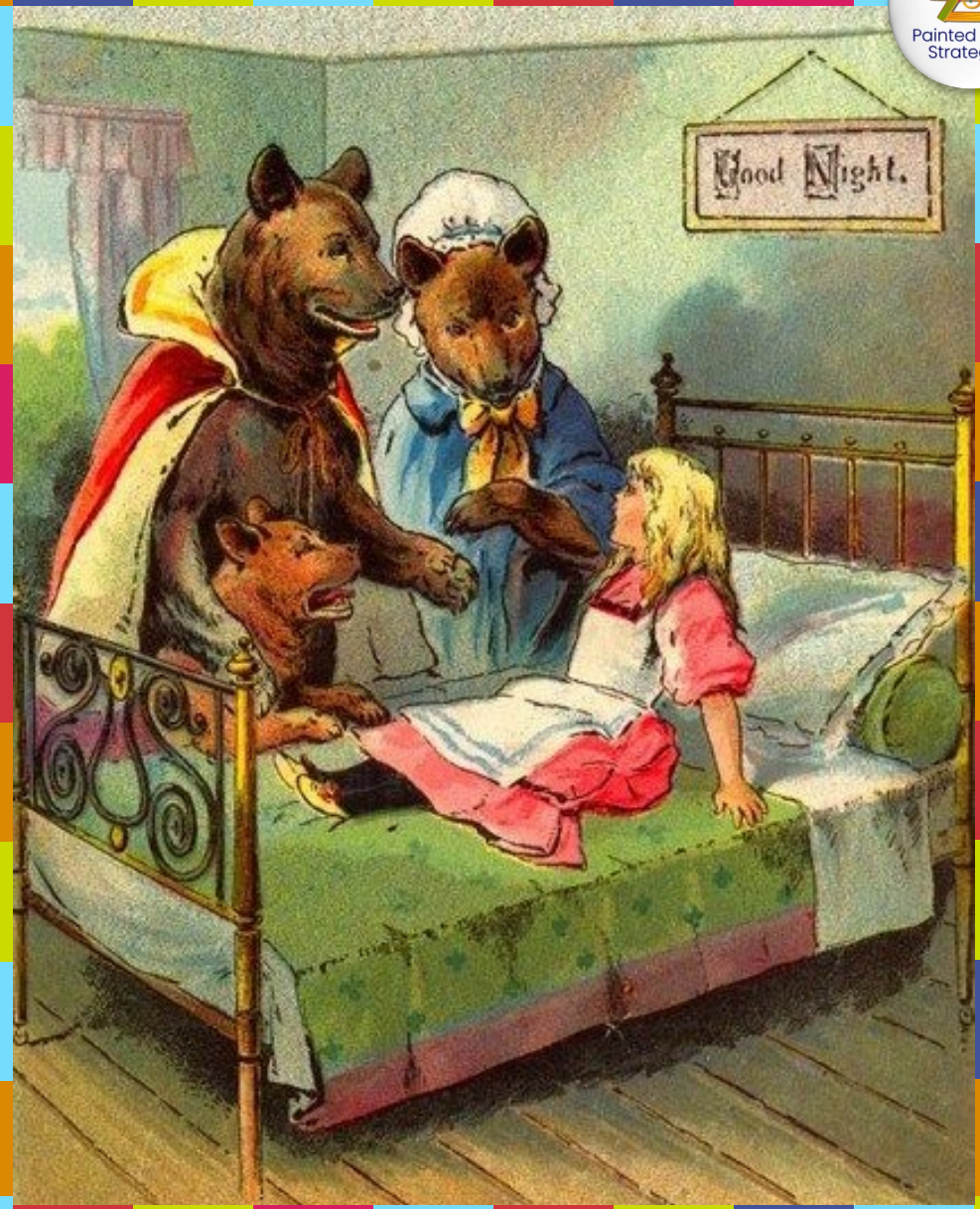
Test the structure of your team for healthy **COLLABORATION**



Size up your Language & Message for effective **COMMUNICATION**



When in doubt, grab a pen, take a moment, and **BREATHE IT OUT**





# Thank you

Amy Yackowski

Painted Porch Strategies

[amy@onthepaintedporch.com](mailto:amy@onthepaintedporch.com)

[onthepaintedporch.com](http://onthepaintedporch.com)

